



COMMUNITY RESOURCES (Carroll County-Galax City-Grayson County) (last updated 3/18/2016)

This "Street Sheet" is designed to provide anyone in a crisis with immediate resources or for others to give referrals. Listed are temporary shelters, housing services, clothing referrals, crisis centers, employment and training programs, health care information and meal programs. For additions or corrections, contact HOPE at 1-877-818-8680 or 276-228-6280 or email hope@wythehope.org. Visit www.wythehope.org for the most updated information.

Better Business Bureau

Western Virginia Office-Roanoke; visit www.vabbb.org or call 1-800-533-5501.

Clothing and/or Furniture

Church of the Good Shepherd-Galax; visit www.goodsshepherdgalax.org or call 276-236-4957.

First Baptist Church of Galax, 1024 E. Stuart Drive; visit www.fbcgalax.org or call 276-236-5185.

Galax Community Services Center, 108 East Oldtown Street, Galax; Call 276-236-4729 (open Wednesdays 9:00 a.m. to 12:00 noon).

Galax Ministry; 200 West Center St., Galax VA, visit www.galaxpresbyterianchurch.com or call 276-236-3147.

Golden Harvest Thrift Shop-Hillsville, Hickory Hills Plaza; call 276-728-7824.

Goodwill Store, visit www.goodwillvalleys.com or locally in Galax, 949 E. Stuart Drive; 276-236-3452.

Push Ministries, visit www.pushministries.org or call 276-235-1059.

Rooftop of Virginia C.A.P. (Community Action Program)-Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131.

Willing Partners-Galax, 544 E. Stuart Drive; call 276-236-2072.

Credit Problems/Foreclosure Prevention

If you are thinking about bankruptcy, contact: Legal Aid for advice or HOPE for free budget counseling:

Southwest Virginia Legal Aid Society, 227 W. Cherry Street, Marion; visit www.svlas.org or call 1-800-277-6754 or 276-783-8300

HOPE, 680 W. Main Street (HOPE Ministry Center), Wytheville; visit www.wythehope.org or call 1-877-818-8680 or 276-228-6280.

NeighborWorks America **Loan Modification Scam Alert**; call 1-888-995-4673 or visit www.loanscamalert.org.

Every person is entitled to one free credit report per year from each of the reporting agencies. To obtain your free credit report, visit www.annualcreditreport.com or call 1-877-322-8228.

Credit Reporting Agencies

Experian, visit www.experian.com or call 1-888-397-3742.

Equifax, visit www.equifax.com or call 1-800-685-1111.

Transunion, visit www.transunion.com or call 1-800-916-8800.

Education

Crossroads Institute of Wytheville Community College-Galax, 1117 E. Stuart Drive; call 276-744-4974.

Ivanhoe Civic League; call 276-699-1383. (Provides GED educational program.)

Industrial and Developmental Centers (Mount Rogers Community Services Board); visit www.mtrogerscsb.com or locally in Hillsville, 276-728-2106. (Provides individualized employment, training and support services to individuals with disabilities.)

Lindsey Wilson College School of Professional Counseling-Wytheville, Wytheville Community College, 1000 E. Main Street; visit www.lindsey.edu or call 276-920-0899.

Mount Rogers Regional Adult Education Program (GED and ESL classes); visit www.mtreaep.org or call 1-800-322-7748 or 276-228-5481. (Provides access to education for those who did not receive a high school diploma.)

Education (continued)

Old Dominion University Teletech Site-Wytheville, Wytheville Community College, 1000 E. Main Street; visit dl.odu.edu or call 276-223-0161.

One-on-One Literacy Program; 280 S. 5th Street, Wytheville; call 276-228-5225. (Provides tutoring for adults in reading, writing, math and computer skills.)

Rooftop of Virginia C.A.P. (Community Action Program) Head Start; visit www.rooftopofvirginia.com or locally:

Carroll County, 205 Oak Street, Hillsville; 276-728-4284

Galax City, 105 Rosenwald Felts Drive; 276-238-8633

Grayson County, 76 Gilley Drive, Fries; 276-744-3345

Virginia Employment Commission; visit www.vec.state.va.us or locally in Galax, 963 E. Stuart Drive; 276-236-5105 (Thursdays 5:00 p.m. to 7:00 p.m.) (Provides GED classes; no pre-registration required; no classes on holidays or during bad weather.)

Wytheville Community College, 1000 E. Main Street; visit www.wcc.vccs.edu or call 1-800-468-1195 or 276-223-4700.

Emergency 9-1-1

Magistrate's Office; locally:

Carroll County, 615 Pine Street, Suite 4, Hillsville; 276-730-3088

Grayson County, 122 Davis Street, Independence; 276-773-3222

New River Valley Regional Jail, 108 Baker Road, Dublin; visit www.nrvj.org or call 1-888-643-4060 or 540-643-2000.

Sheriff's Department; call 9-1-1 for emergencies or local non-emergencies:

Carroll County, 605 Pine Street, Hillsville; 276-730-3020

Grayson County, 125 Davis Street, Independence;

1-800-782-7764 or 276-773-3241

Police Department; call 9-1-1 for emergencies or local non-emergencies:

Galax, 353 N. Main Street; 276-236-8102

Independence, 136 E. Main Street; 276-773-3703

Virginia State Police; visit www.vsp.state.va.us or call 9-1-1 for emergencies or local non-emergencies in Carroll County and Grayson County, 1175 Glendale Road, Galax; 276-236-5461.

Employment and Training

@Work Personnel Services; 335 East Monroe St., Wytheville;

www.atworkpersonnel.com or Call 276-335-2080

Bright Services; 1065 E. Main Street, Pulaski; www.brightservices.net or call 540-980-1423.

District Three Governmental Cooperative; visit www.district-three.org or locally:

Galax, 104 Rex Lane; 276-236-5228

Hillsville; Carroll County Senior Center; 276-728-4291

Independence, Guynn Center; 276-773-3015

(Provides services to individuals age 60 and older.)

Goodwill Senior Community Service Employment Program, 103 Duncan Ln; Radford, www.goodwillvalleys.com or 540-639-9027 ext. 113. (Provides training and employment services for individuals age 55 and older.)

Mt. Rogers IDC, 494 Industrial Park Drive, Hillsville; www.mtrogersidc.com or Call 276-236-8128

Spherion- 1020 E. Stuart Drive, Galax; visit www.spherion.com or

Call 276-236-6066

Valley Staffing; 6003 Wright Ave., Dublin, www.valleystaffingjobs.com or call 540-674-3103

Virginia Employment Commission; visit www.vec.state.va.us or locally in Galax, 963 Stuart Drive; 276-236-5105. (Free job search registration and unemployment insurance program.)

Westaff; visit www.westaff.com or locally in Independence, 307 E. Main Street; 276-773-3777.

Food

Carroll County Ministerial Association Food Pantry, 225 Fulcher Street, Hillsville; visit www.hillsvillefumc.com/foodpantry, or Call 276-728-2434. (Carroll County Residents, 10a.m. to 12p.m.-1 time per month)

Food (continued)

FASWA MFP; Grant at Grayson Highland's School, 6454 Troutdale Highway Troutdale; Call 276-628-9266 for more information.

FASWA MFP; Fries, Providence Elementary School, 56 Bainbridge Road, Fries, Call 276-628-9266 for more information.

Food Stamp Program (Virginia Department of Social Services); visit www.dss.state.va.us or call your local Department of Social Services:

Carroll County, 605-8 Pine Street, Hillsville; 276-730-3130

Galax City, 105 E. Center Street; 276-236-8111

Grayson County, 129 Davis Street, Independence; 276-773-2452

Push Ministries, visit www.pushministries.org or call 276-235-1059.

Rooftop of Virginia C.A.P. (Community Action Program)-Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131.

Willing Partners-Galax, 544 E. Stuart Drive; call 276-236-2072. (Food bank open Tuesdays and Fridays 10:00 a.m. to 12:00 noon.)

Women, Infants and Children (WIC) Program (Virginia Department of Health), visit www.vahealth.org or call your local Health Department:

Carroll County, 605-15 Pine Street, Hillsville; 276-728-2166

Galax City, 703 S. Main Street; 276-236-6127

Grayson County, 186 W. Main Street, Independence; 276-773-2961

Health Care

Appalachian Independence Center; visit www.aicadvocates.org or locally in Galax, 104 Rex Lane; 276-236-6055. (Assures that individuals with disabilities in southwest Virginia receive the services they need.)

Community Counseling Centers (Mount Rogers Community Services Board); visit www.mtrogerscsb.com or locally at 6999 Carrollton Pike, Suite 1, Galax; 276-238-9700. (Provides psychiatric evaluations, counseling, crisis services and substance abuse services.)

Family Access to Medical Insurance Security (FAMIS), visit www.famis.org, call 1-866-873-2647, or call your local Department of Social Services:

Carroll County, 605-8 Pine Street, Hillsville; 276-730-3130

Galax City, 105 E. Center Street; 276-236-8111

Grayson County, 129 Davis Street, Independence; 276-773-2452

(A health insurance program that provides low-cost or free health coverage for children under age 19.)

Free Clinic of the Twin Counties-Galax, 140 Larkspur Lane, Suite C; visit www.galaxfreeclinic.org or call 276-236-0421 (leave message). (Provides medical assistance for individuals without insurance.) (Waiting list.)

Konnarock Health Clinic-Damascus, 20471 Azen Road; call 276-388-3411.

Lions Club; visit www.lionsclubs.org or locally in Galax, P.O. Box 277, Galax, VA 24333. (Provides eyeglasses and eye exams for qualified individuals.)

Lions Club Hearing-Galax; call 276-236-2619.

Mount Rogers Medication Assistance Program-The Pharmacy Connection (Virginia Health Care Foundation); visit www.vhcf.org or locally:

Carroll County; 276-398-2292

Galax City; 276-236-6127

Grayson County; 276-773-2961

Southwest Virginia Regional Dental Center, 319 5th Avenue, Saltville; visit www.svchs.com/svrdc.html or call 1-888-531-8354. (Monday through Saturday 8:00 a.m. to 6:30 p.m.) (Accepts Medicaid, FAMIS and all major insurances; payment arrangements available based on ability to pay.)

Tri-Area Health Clinic, 14559 Danville Pike, Laurel Fork; visit www.triareahealth.com or call 276-398-2292. (Sliding scale; patient assistance with medications.)

Troutdale Medical Center, 67 High Country Lane; visit www.svchs.com/tmc_main.htm or call 276-677-4187. (Provides services on a sliding fee scale for qualified patients. Also administers the Mount Rogers Medication Assistance Program to help patients without prescription coverage get the medicine they need. Hours M-F 8:30 a.m. to 7:00 p.m.)

Twin County Regional Hospital, 200 Hospital Drive, Galax; visit www.tcrh.org or call 276-236-8181. Rehabilitation Services; call 276-236-1675.

Health Care (continued)

U.S. Department of Veterans Affairs; visit www.va.gov or locally: Veterans Benefits Administration, Roanoke Regional Office, 210 Franklin Road, SW; 1-800-827-1000.

VA Medical Center-Salem, 1970 Roanoke Boulevard; 1-888-982-2463 or 540-982-2463.

Wytheville Community-Based Outpatient Clinic, 165 Peppers Ferry Road; call 276-223-5400.

Virginia Department for Aging and Rehabilitative Services, 800 E. Main Street, Suite 160, Wytheville; visit www.vadrs.org or call 276-228-2108.

(Provides assistance to individuals with physical, mental and emotional disabilities to become self-supporting and as independent as possible.)

Virginia Department of Health; visit www.vahealth.org or call your local Health Department:

Carroll County, 605-15 Pine Street, Hillsville; 276-728-2166

Galax City, 703 S. Main Street; 276-236-6127

(including patient assistance with medications)

Grayson County, 186 W. Main Street, Independence; 276-773-2961

(including patient assistance with medications)

(Provides maternal and child healthcare, reproductive healthcare, disease prevention services and environmental protection services. Some services are free; some are based on income; and some have an established fee.)

Housing Resources-Agency

HOPE, 680 W. Main Street (HOPE Ministry Center), Wytheville; visit www.wythehope.org or call 1-877-818-8680 or 276-228-6280. (State-funded Homeless Prevention Program provides counseling, referral and financial assistance to individuals and families at risk of becoming homeless; HUD housing counseling agency; homeownership opportunities.)

USDA Rural Development, 100 USDA Drive, Wytheville; visit www.rurdev.usda.gov or call 276-228-3513. (Low interest mortgages, home loans and home repair.)

Virginia Housing Development Authority, 105 E. Main Street (Southwest Virginia Housing Center), Wytheville; visit www.vhda.com or call 276-228-7060.

Housing Resources-Rent Based on Income

Cranberry Apartments, 214 Upland Street, Hillsville; call 276-728-7421.

Glendale Apartments, 102 Sutherland Road, Galax; call 276-236-9961.

Grayson Manor Apartments, 224 Nichols Drive, Independence; call 276-773-3500.

Harmony Village Apartments, 1149 Glendale Road, Galax; call 276-236-5555.

Laurel Ridge Apartments, 620 W. Grayson Street, Hillsville; call 276-728-9813.

Northway Apartments, 128 Wilson Avenue, Galax; call 276-236-8991.

Penn Court Apartments, 122 Bedwell Street, Independence; call 276-773-3782.

Riverview Apartments, 401 Hilltown Road, Fries; call 276-744-3447. (Persons 62 or older or disabled.)

Rooftop of Virginia C.A.P. (Community Action Program) -Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131. (Section 8 administration/housing vouchers.)

Westview Terrace Apartments, 167 Howlett Street, Hillsville; call 276-728-3401.

Housing Resources-Weatherization

Rooftop of Virginia C.A.P. (Community Action Program) -Galax, 206 N. Main Street; visit www.rooftopofvirginia.com or call 276-236-7131.

Internal Revenue Service

Philadelphia Office, Philadelphia, PA 19255-0022; visit www.irs.gov or call 1-800-829-1040.

Legal Services

Family Resource Center-Wytheville; P.O. Box 612; visit www.frc-inc.org or call 276-228-8431. (Provides court and legal advocacy.)

Southwest Virginia Legal Aid Society, 227 W. Cherry Street, Marion; visit www.svlas.org or call 1-800-277-6754 or 276-783-8300.

Legal Services (continued)

Virginia Lawyer Referral Service (Virginia State Bar); visit www.vsb.org or call 1-800-552-7977.

Locality Information

Carroll County; visit www.carrollcountyva.org or call 276-730-3001.

Galax City; visit www.ingalax.net or call 276-236-5773 or 276-236-9944.

Grayson County; visit www.graysoncountyva.com or call 276-773-2000.

Twin County Regional Chamber of Commerce; visit www.qcgcchamber.com or call 276-236-2184.

Other Services

American Red Cross; visit www.redcross.org or locally: Woods River Chapter, 244 Bee Line Drive, Galax; call 276-236-2891. (Provides emergency assistance with disaster recovery, medications, eviction notices and power bills.)

Cliffview Church of God-Galax, 2923 Fries Road; visit

www.cliffviewchurchofgod.org or call 276-236-5154.

First United Methodist Church-Galax, 306 W. Center Street; call 276-236-9937. (Apply in person Tuesdays and Thursdays 9:00 a.m. to 12:00 noon.)

First United Methodist Church-Hillsville, 225 Fulcher Street; call 276-728-2434.

Galax Presbyterian Church, 200 W. Center Street; call 276-236-3147. (Apply in person Wednesdays 9:00 a.m. to 11:00 a.m.)

Hillcrest Baptist Church-Galax, 1205 S. Main Street; call 276-236-5855.

Senior Citizens Services

District Three Governmental Cooperative; visit www.district-three.org or locally:

Galax, 104 Rex Lane; 276-236-5228

Independence, Guynn Center; 276-773-3015

(Provides services to individuals age 60 and older.)

Goodwill Senior Community Service Employment Program, 103 Duncan Ln; Radford, www.goodwillvalleys.com or 540-639-9027 ext. 113. (Provides training and employment services for individuals age 55 and older.)

Shelters (Temporary/Emergency)

Coordinated Community Response to Homelessness -Wytheville, 680 W. Main Street (HOPE Ministry Center); call 276-228-6280, ext. 253. (Provides temporary food and shelter to homeless men, women and children including transients.)

Family Resource Center-Wytheville, P.O. Box 612; visit www.frc-inc.org or call 276-228-8431 or 800-613-6145. (Provides emergency shelter, education, resources, and services addressing the issues of domestic and sexual violence and child abuse and neglect.)

Galax Hope House, 408 W. Center Street; call 276-236-7573. (Temporary housing for homeless men.)

Presbyterian Children's Home of the Highlands-Wytheville, 425 Grayson Road; visit www.pchh.org or call 276-228-2861. (Provides residential care for children in crisis ages 5-17.)

Special Needs Assistance

Advanced Patient Advocacy; visit www.apallc.com/Patients or call 804-272-6001. (Helps individuals secure government benefits such as Social Security Disability and Medicaid.)

Appalachian Independence Center; visit www.aicadvocates.org or locally in Galax, 104 Rex Lane; 276-236-6055. (Assures that individuals with disabilities in southwest Virginia receive the services they need.)

Bristol Regional Speech and Hearing Center, 2603 Osborne Street, Suite 1; visit www.bristolspeechandhearing.com or call 276-669-6331. (Provides used hearing aids.)

Social Security Administration; visit www.ssa.gov, call 1-800-772-1213 or locally in Wytheville, 130 Withers Lane; 1-888-632-6893.

Virginia Department for the Deaf and Hard of Hearing; visit www.vddhh.org or call 1-800-552-7917.

Special Needs Assistance (continued)

Virginia Department for the Blind and Vision Impaired; visit www.vdbvi.org or call 1-800-622-2155.

Virginia Department for Aging and Rehabilitative Services, 800 E. Main Street, Suite 160, Wytheville; visit www.vadrs.org or call 276-228-2108.

(Provides assistance to individuals with physical, mental and emotional disabilities to become self-supporting and as independent as possible.)

Substance Abuse

Alcohol Anonymous; visit www.aavirginia.org or call 1-800-886-8925 for local group meeting information.

Community Counseling Centers (Mount Rogers Community Services Board); visit www.mtrogerscsb.com or locally at 6999 Carrollton Pike, Suite 1, Galax; 276-238-9700. (Provides psychiatric evaluations, counseling, crisis services and substance abuse services.)

Transportation

Public Transit (District Three Governmental Cooperative); visit www.district-three.org or locally in Carroll County, Galax City and Grayson County, 104 Rex Lane; 1-866-238-4293 or 276-236-3055. (Provides public transit programs to all age groups.)

Greyhound Bus Line; visit www.greyhound.com, call 1-800-231-2222.

Veteran Services

U.S. Department of Veterans Affairs; visit www.va.gov or locally:

Veterans Benefits Administration, Roanoke Regional Office, 210 Franklin Road, SW; 1-800-827-1000.

VA Medical Center-Salem, 1970 Roanoke Boulevard; 1-888-982-2463 or 540-982-2463.

Wytheville Community-Based Outpatient Clinic, 165 Peppers Ferry Road; call 276-223-5400.

Veterans Service Administrator; call locally:

Galax VEC; 276-236-5105 (Fridays 10 a.m. to 2:00 p.m.)

Hillsville VFW; 276-728-2911 (Second and fifth Tuesdays 10:00 a.m. to 2:00 p.m., Call location prior to visit, as schedule is subject to change without notice.)

Victims of Crime

Family Resource Center-Wytheville, P.O. Box 612; visit www.frc-inc.org or call 276-228-8431 or 800-613-6145. (Provides emergency shelter, education, resources, and services addressing the issues of domestic and sexual violence and child abuse and neglect.)

Victim Witness Program; locally:

Bland County, 612 Main Street; 276-688-3206

Carroll County-Galax City (East), 605 Pine Street, Hillsville; 276-730-3033

Grayson County-Galax City (West), Independence; 276-773-2553

(Ensures that crime victims and witnesses receive fair and compassionate treatment while participating in the criminal justice system.)

Virginia Department of Social Services

Visit www.dss.state.va.us or call your local Department of Social Services:

Carroll County, 605-8 Pine Street, Hillsville; 276-730-3130

Galax City, 105 E. Center Street; 276-236-8111

Grayson County, 129 Davis Street, Independence; 276-773-2452

Child Abuse Hotline; 1-800-552-7096

Vital Statistics

Office of Vital Records (Virginia Department of Health);

visit www.vahealth.org or call your local Health Department:

Carroll County, 605-15 Pine Street, Hillsville; 276-728-2166

Galax City, 703 S. Main Street; 276-236-6127

Grayson County, 186 W. Main Street, Independence; 276-773-2961

(Provides birth and death certificates.)

HOPE provides tools to build community sustainability and independence.